


FOODHALL

APRIL 2024

MIDDLE/HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
BBQ Pulled Pork on a Bun Chicken Tenders Whole Grain Dinner Roll Steamed Peas Sliced Cucumbers	Beef and Cheese Tater Tot Nachos Corn Dog Mixed Vegetables Fresh Red Pepper Slices	Creamy Chicken Alfredo Chicken Patty on a Bun Italian Vegetables Fresh Broccoli	Loaded Baked Potato Whole Grain Dinner Roll Hamburger on a Bun Baby Carrots Baked Beans	Italian Dunkers BBQ Ranch Chicken Flatbread Cherry Tomatoes Steamed Carrots
8	9	10	11	12
Sloppy Joe on a Bun Chicken Nuggets Whole Grain Dinner Roll Crispy French Fries Sliced Cucumbers	Beef and Cheese Nachos Hotdog on a Bun Refried Beans Shredded Lettuce Salsa	Homemade Mac & Cheese Chicken Patty Corn Fresh Broccoli	Glazed Chicken Drumstick Whole Grain Dinner Roll Cheeseburger on a Bun  Crispy Asparagus Fries	Cheese Pizza Flatbread Grilled Cheese Sandwich Steamed Broccoli Cherry Tomatoes
15	16	17	18	19
Pancakes and Scrambled Eggs BBQ Pulled Pork on a Bun Potato Wedges Sliced Cucumbers	Teriyaki Chicken Spaghetti Noodles Corn dog Mixed Vegetables Red Pepper Slices	Spaghetti with Meat Sauce Breadstick Chicken Patty Steamed Peas Fresh Broccoli	Turkey and Gravy Whole Grain Dinner Roll Hamburger on a Bun Mashed Potatoes Corn Baby Carrots	*NEW Grilled Ham and Cheese Sandwich Italian Dunkers Baked Beans Steamed Carrots Cherry Tomatoes
22	23	24	25	26
Crispy Chicken Nuggets Whole Grain Dinner Roll BBQ Chicken on a Bun Mashed Potatoes Sliced Cucumbers	Beef Walking Taco Hotdog on a Bun Cilantro Lime Rice Seasoned Black Beans	*NEW Hot Turkey and Cheese Sandwich Chicken Patty on a Bun Steamed Peas Fresh Broccoli	Taco Soup with Tortilla Chips Cheeseburger on a Bun Green Beans Baby Carrots	No School – Teacher Work Day
29	30	<u>ASPARGAGUS</u> Good Source of fiber and vitamins C and K. Low in Calorie, only 27 calories per cup. Comes in a variety of colors – green, white and purple	 	 Choose MyPlate.gov

DELI

Mon: Turkey & Chz
 Tues: Italian Hoagie
 Wed: Buffalo Chicken Wrap
 Thurs: Ham and Cheese
 Fri: Southwest Chicken Wrap

ADDITIONAL DAILY OFFERINGS

GRILL/PIZZA Chicken Patty on a Bun Cheeseburger on a Bun Cheese Pizza Slice Rotating Specialty Pizza	SALAD Mon: Vegetarian Chef Tues: Southwest Chicken Wed: Chicken Ranch Pasta Salad Thurs: Chicken Caesar Fri: Chicken Cobb
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Menu is subject to change
 All Grains served are whole grain rich

Assorted Fruit and Vegetable Varieties Offered Daily

Chocolate Skim, 1% White or Skim White Milk Offered Daily